



Shore Explorer - 1000 km, April 23, 2011

Korea Randonneurs

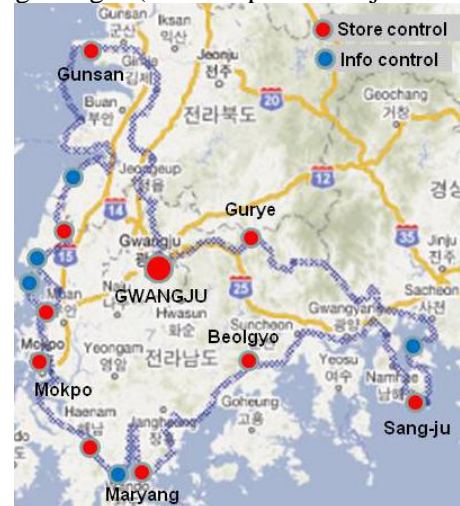
한국 랜도너스

This ACP sanctioned 1000km Shore Explorer was designed to highlight stunning coastal features of the South Korean peninsula without ignoring the enchanting countryside with its rice fields and mysterious mountains. Starting from **Gwangju** riders will head east towards the **Jirisan Mountains** into the rising sun. From **Gurye** cyclists will follow the **Seomjin River** and merge with the southern coast in **Sacheon**. After crossing most spectacular bridges we will meander along the shores of islands (**Changseondo, Namhaedo, Jido** and **Wando**) and peninsulas protruding like fingers from the mainland. From Wando we will head west past **Haenam** to join the **Yellow Sea** at **Mokpo**. From there riders will turn north and follow the coastline for 200+ kilometers. As part of this we will cross of few bridges that lay testimony to Korea's engineering skills and visit islands with picturesque fishing villages (live octopus - Nak-ji -



should be on the Randonneur's menu and is particularly good in **Doripo** and **Donha**) and scintillating scenery. 700km into the ride cyclists will leave the coastal road, turn northwest and continue on the 32 long **Saemangeum Seawall**, the longest structure of its kind; the piece of ocean it captures will be home Asia's newest mega city. After this exhilarating, yet possibly very windy, experience we will head east into **Gunsan**. The final 200 km will take us south through a mix of farmland, rolling hills and some serious climbs crossing the **Naejangan Mountains** before we return to **Gwangju**.

Details: Distance: 1003km; Elevation gain: about 7,000m; Time limit: 75 hours; Start: April 23, 2011, 05 a.m., Gwangju. For additional information, contact: Lothar Hennighausen (alpinerrandonneur@verizon.net)



Roads and Traffic: Large stretches of the ride will be on small country roads, many of which with a decent shoulder. Occasionally we will ride on busy roads and city streets. Traffic can be heavy at times and Korean drivers often have an unclear interpretation of traffic laws. Drivers tend to ignore stop signs and red traffic lights. Be aware of bus drivers! **RIDE DEFENSIVELY! ALERT DRIVERS WHEN APPROACHING TURNS AND INTERSECTIONS! WEAR A REFLECTIVE VEST AT ALL TIMES! USE A REARVIEW MIRROR! RIDE IN GROUPS!**

Logistics: Riders will receive a cue sheet, GPS files (tracks and waypoints of motels and restaurants) and basic phrases in *Hangul* (I need a room for one night, please serve me live octopus, please serve me vegetarian gluten free food, etc). Since we will cycle on small country roads with many twists and turns it is advisable to carry maps and a GPS device. Although many turn signs display cities in English, it is advisable to mark key city names in *Hangul*. There will be no additional logistic support and each rider needs to be self-sufficient. Controls are normally located at 24 hour Convenient Marts. Many inexpensive Motels can be found along the route and it is acceptable to sleep in the seating sections of 24 hour convenient Marts and in restaurants (a list of sleep stop restaurants will be provided).

Night riding: Each rider is required to carry a strong headlight and a non-blinking taillight as well as backups. Riders are required to wear full reflective vests and encouraged to ride in groups for safety.

All Korea Randonneurs (601000) Brevets have been sanctioned by Audax Club Parisien
<http://korea-randonneurs.blogspot.com/>